Sarah Fletcher, MD Cynthia Yew, FNP-BC Stefanie Jennings, FNP-C Maria Young, FNP-C



21135 Whitfield Place Suite 107 Sterling, VA 20165 Phone: (703) 421-7000 Fax: (703) 430-4830

www.sterlingfamilypractice.com

Please take a moment to fill out this medical history form so that your practitioner can get better acquainted with your medical history. We realize that not all of the questions may pertain to you, but please answer all questions that apply. Thank you.

Patient's Full Name:		Dat	e of Birth:
Today's Date:	_Height:	Weight:	Blood Type: $\Box A \Box B \Box AB \Box O+ \Box - O$
Primary Care Doctor:		Referring Doctor:	
Reason for Visit:			
Preferred Pharmacy Name:		Pharmacy Address:	
Pharmacy Phone Number:		Pharmacy	/ Fax Number:
Allergies: (List all medications,	food and enviro	<u>nmental)</u>	

Medications: (List all current medications including vitamins & supplements)

Date started	Medication & Dose	Directions	Reason for Taking	Prescribed by

Past Medical History: (Please check all that apply)

☐ Attention Deficit Disorder	Dizziness/Vertigo	□ Headache	🗆 Leukemia
🗆 Anemia	□ Depression	□ Herpes	□ Migraine Headache
□ Asthma	□ Easy Bleeding	□ HIV Infection	□ Osteoporosis
□ Alcohol Disorder	🗆 Eczema	□ Heart Disease	🗆 Pneumonia
□ Bronchitis	□ Emphysema	□ High Blood Pressure	□ Rheumatoid Arthritis
□ Back Problems	🗆 Esophageal Reflux	□ Hodgkin's Disease	□ Seizure Disorder
	□ Fatigue	🗆 Insomnia	□ Sleep Apnea
	□ Gastrointestinal Disorder	🗆 Lupus	□ Stroke Syndrome
□ Diabetes Mellitus	🗆 Glaucoma	□ Lyme Disease	□ Thyroid Disorder

Please list any other past medical history:

Past Surgical History: (Please check all that apply and include the date)

Surgery	Date	Surgery	Date	Surgery	Date
□ Appendectomy		🗆 Hernia Repair		□ Shoulder Surgery	
□ Back Surgery		□ Hysterectomy		□ Sinus Surgery	
□ Breast Surgery		□ Hip Surgery		□ Tonsillectomy	
□ Cataract Surgery		□ Knee Surgery		□ Thyroid Surgery	
C-Section		□ Laparoscopy		□ Vasectomy	
□ Colonoscopy		Decemaker Placement		□ Wisdom Teeth	
Cosmetic Surgery		□ Prostate Surgery		□ Other:	

Family History: (Please check all that apply)

	Father	Mother	Brother	Sister	Paternal	Paternal	Maternal	Maternal
					Grandfather	Grandmother	Grandfather	Grandmother
Alcoholism								
Asthma								
Bleeding disorder								
Cancer								
Deceased								
Depression								
Diabetes								
Drug Abuse								
Epilepsy								
Heart Disease								
High Blood								
Pressure								
High Cholesterol								
Migraines								
Stroke								
Suicide								
Thyroid Problems								

Please list any other family medical history:

Prevention Information:

	Yes	No		Yes	No
Do you use seat belts?			Do you have a living will?		
Do you have smoke detectors in your home?			Do you practice a healthy diet?		
Do you have a loaded firearm in your home?					
If yes, how is it stored?					
Do you use sunscreen?					

Please list any vaccine history:

Social/Lifestyle History:

Marital Status: Single Married Widowed Divorced Separated
If married, spouse's name:
Children(s) names and age(s):
What is your occupation:
What are your hobbies:
Do you exercise regularly:
Who lives at home with you:
Where were you born and raised:
How long have you been in this area:
Do you drive an automobile:Do you ride a motorcycle/bicycle:
Do you wear a helmet:
Do you currently smoke or use nicotine products: If yes, for how many years:
Are you a former smoker: If yes, when did you quit:
Cigarettes (# Packs/day): Cigars: Pipe: Chew Tobacco:
Have you ever used recreational drugs: If yes, when was the last time:
What kind did you use:
Do you take over-the-counter medication such as aspirin, antacids, vitamins, herbal products:
If yes, which ones and how often:
Do you take something to help you sleep: If yes, what and how often:
Do you restrict your diet in any way: If yes, how:
Do you drink alcohol: \Box Never \Box Occasionally \Box Daily
If yes, how many days per week do you drink alcohol:
On a typical day when you drink, how many drinks do you have:
Do you drink caffeine: If yes, how much:
Ever worked with chemicals, paints, asbestos, or any hazardous material?:

Sarah Fletcher, MD Cynthia Yew, FNP-BC Stefanie Jennings, FNI Maria Young, FNP-C	P-C	21135 Whitfield Place Suite 107 Sterling, VA 20165 Phone: (703) 421-7000 Fax: (703) 430-4830			
	www.sterlingfamilypractice.com				
	Review of Symptoms				
Patient's Full Name:	Date of Birth: Today's Date	e:			
Please check all that apply	7 .				
Male	Female Medication allergies: Yes N	0			
Please check any sympton	ns you are experiencing today.				
Systemic Symptoms	fatigue fever/chills weight change				
Head Related	headache facial pain				
Eye	trouble with vision pain redness light sen	sitivity			
Ear-Nose-Throat-Mouth	earache pressure ringing TMJ runny nose nose bleeds post nasal drip sneezing snoring sore throat itchy throat hoarseness mouth sores dryness trouble swallowing				
Neck	swollen glands pain muscle tightness				
Respiratory	cough wheezing shortness of breath				
Cardiovascular	☐ chest pain ☐ palpitations ☐ irregular heart rate ☐	edema 🗌 fast heart rate			
Gastrointestinal	abdominal pain heart burn nausea vomiting diarrhea constipation blood in stool change of bowel habits				
Urinary	pain frequency blood in urine				
Skin	□ rash □ lesions □ abnormal hair loss				
Musculoskeletal	joint pain back pain muscle pain restles	ss legs			
Neurological	fainting numbness dizziness				
Psychological	insomnia depression anxious irritable generally not having fun in life				
Male	slow urine flow low libido erectile dysfunction	on			
Female	pelvic pain PMS vaginal discharge abn	e e			
	Date of last period: Date of last	t pap:			
	Period last days Period comes every days				
	# of pregnancies # of births Current method of birth control				
Date of last tetanus shot					

Other additional comments: